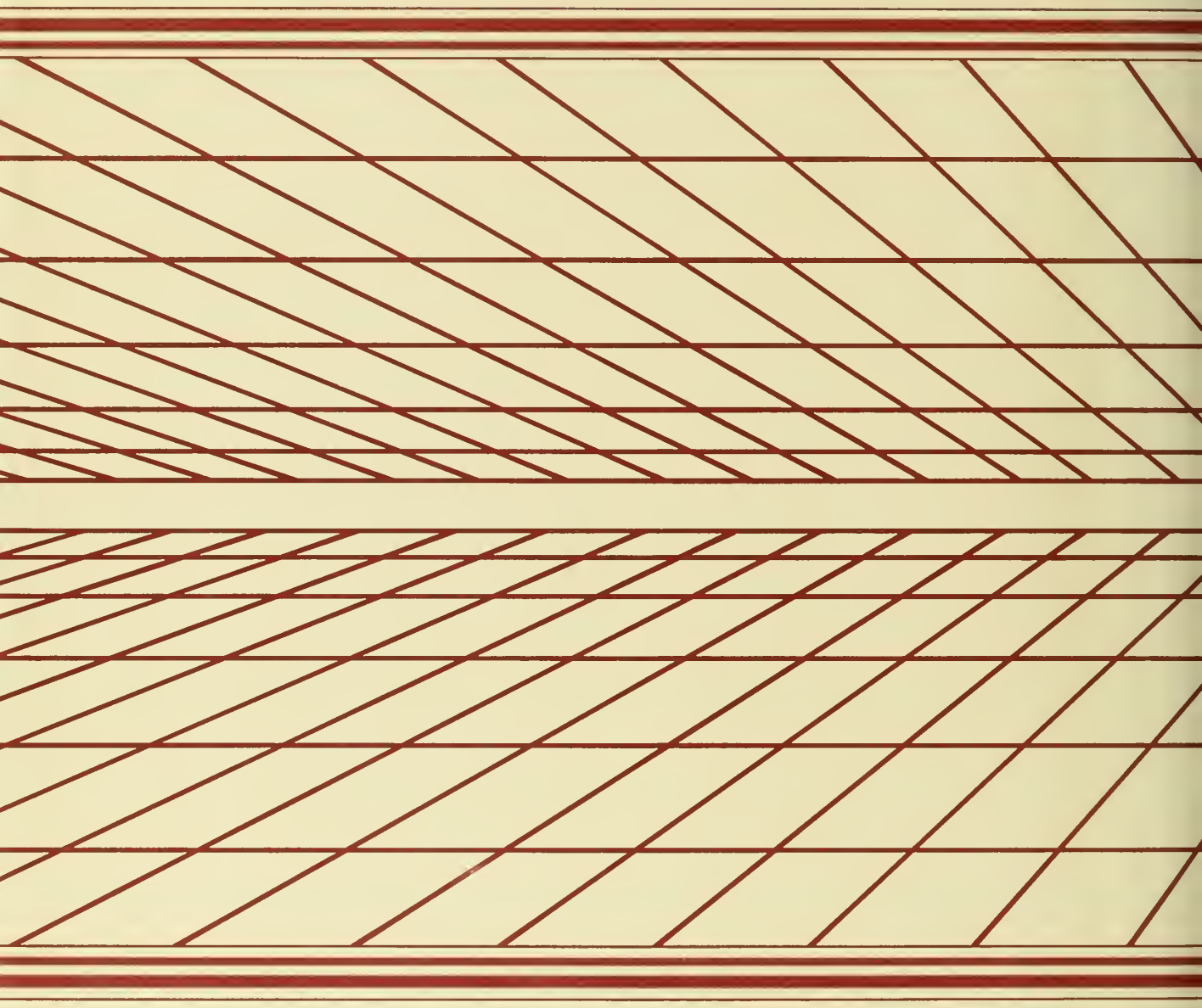
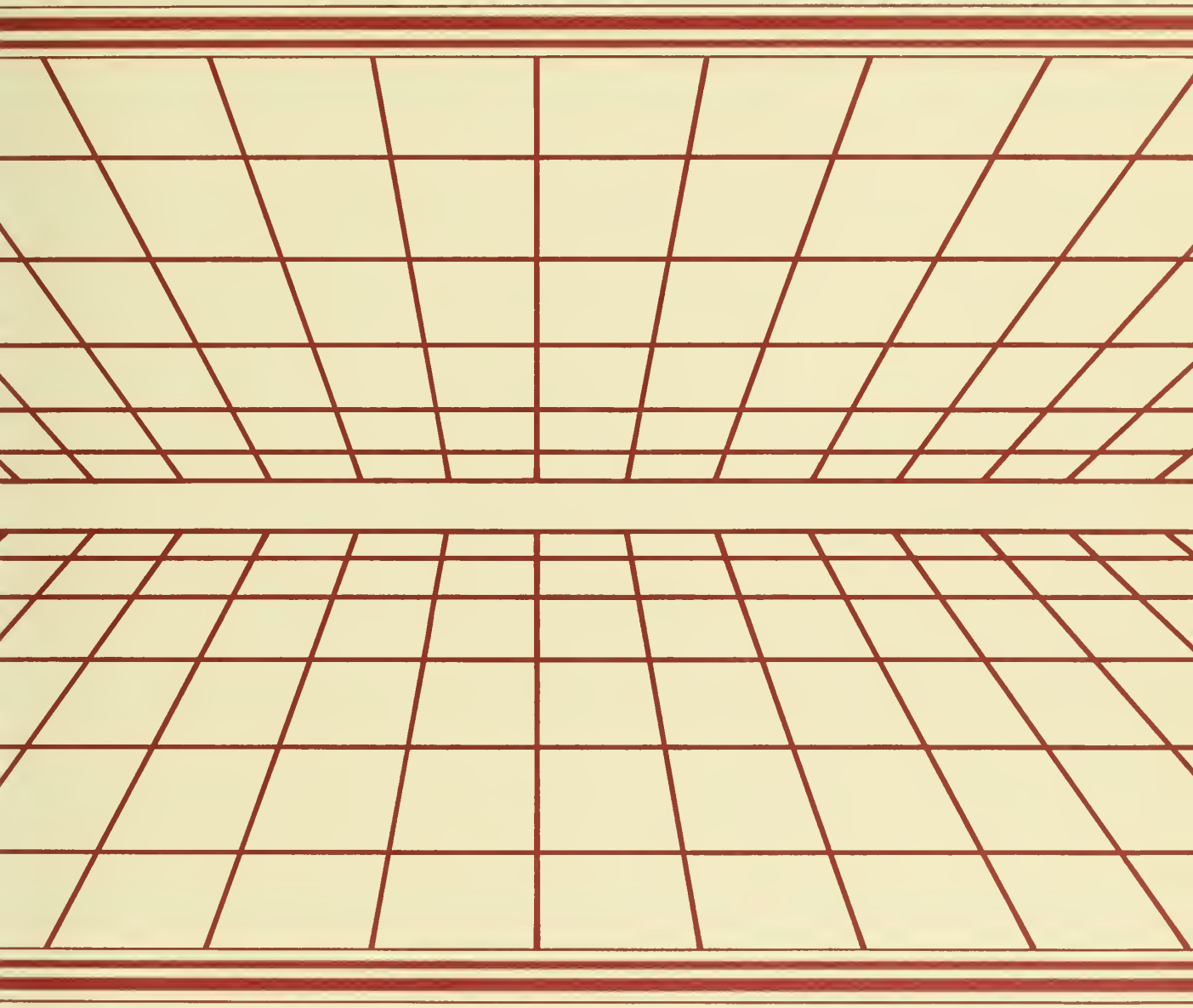
NINETEEN EIGHTY FIVE

The Oak





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Introduction:

MOVING IN, MOVING UP, MOVING OUT . . . How exciting! A perfect description of our three years at The Williamsport Hospital School of Nursing. During our last year here, we pause to reflect on all the growing and maturing that occurred to transform us into the beginning professional nurses that we are today. When we started as Freshmen, "moving in" was one of the most traumatic experiences of our lives. After a few weeks, we began to "feel like nurses" as we started our first clinical experiences. Back then, we were in awe of the Juniors and Seniors.

At last our Junior Year arrived. We were now the awesome Juniors, and we vowed never to return to our Freshmen year even for a million dollars. Our first term became another traumatic experience for us all . . . we were separated into three small groups. There was no more hiding in the back of the classroom. For the first time, the instructors could actually "see" everyone's face. Our fondest memories are of all the "fun" we had in our Mental Health, Surgery and Rehab courses. We all strived to obtain the honored title of Senior Student Nurse.

Finally, we *are* Seniors! We feel both excitement and trepidation as we begin our last school year. As we finish our education at TWHSN and graduate, we are eager to begin our new lives as professional nurses. We invite you to page through "The Oak" with us as we relive our experiences of MOVING IN as Freshmen; MOVING UP as Juniors; and the ultimate, MOVING OUT as graduates of The Williamsport Hospital School of Nursing.

The Williamsport Hospital School of Nursing
Presents the 1985 OAK
Williamsport, Pennsylvania 17701

To our families,

The people who have given us the love and support we so desperately needed during these past three years. On Fridays, exhausted and weary, we eagerly brought ourselves home to you. Then on Sundays, refreshed and new, we reluctantly said good-bye and returned to school. You gave us encouragement when we thought we could not possibly make it through another day. We remember all the times you were there so we could lean on you for support . . . you were always so strong. We wish to thank you for allowing us these years to grow and mature. We will be indebted to you forever.

With our love,
The Class of 1985

Recognition

Always there to help!

The Class of 1985 wish to give recognition to our Class Advisors, Ms. Hood and Mrs. Dunkle. Both of you have given us a great deal of motivation and encouragement throughout our three years at The Williamsport Hospital School of Nursing. You have guided us to reach farther than we thought possible. You also made us realize that we truly can reach our goals and aspirations. You have been our instructors and colleagues, but, most of all, you have been our friends. We have talked with, cried with, and grown with Ms. Hood and Mrs. Dunkle throughout these three years. We will never forget the kindness you have shown to each and every one of us. We hope that someday we will be able to repay both of you for your kindness.

"I'm smiling, Jeanne . . . Are you smiling?"

"Freshmen, beware!"

"ICU psychosis personified."

Student Life

Is any of this sinking in, Tammy??

Life after hours? For student nurses? Does such a thing really exist? Yes — well, I think so. The student body sponsors dances, picnics and other goodies to relieve tension and liven up the pace. Student organization meetings, class meetings, NCF and many more activities pictured throughout this book take us away from the norm. We do manage some time for our families and loved ones so that our life here is not all studying and clinical notebooks, even though it may seem like it at times!

PICNIC!

Left: Watch where you put the cigarette, Rox!
Below: Eating again?

Writing letters, Kris??

Above: Holly knows the right way to study!
Left: A big bite for . . .

First Impression

Moving in . . . fear, insecurity, nervousness mixed with feelings of independence, maturity and responsibility. What were we getting ourselves into? Official college students at Lycoming as well as student nurses. We were told that the workload was heavy, but we never realized . . . Still, we had free time to make new friends, rearrange our rooms and relieve stress in various ways. Occasional episodes of hostility due to high anxiety levels, depression and feelings of defeat occurred with everyone at least once, but interspersed with these downfalls were periods of hysteria when all forgot the problems at hand and let their hair down! High points were weekends, nightly phone calls from loved ones and feelings of success as we started moving through our classes. These first impressions will always be with us as we look back with feelings of relief tinged with regret.

Far Left: The Juniors finally got us!!
Left: A relaxing moment for the day.

Middle left: Getting to know each other.
Middle: I told you we could do something with this room!

Go for the gold!

Who's on the other end, Allyson?

Below: Pharm test? What's that?
Right: Water anyone?
Below left: MONEY!

Above right: A dentist's nightmare.
Above: Would you believe — rehab got fried!
Right: Yes I really do eat onion snack crackers!

WOULD YOU BELIEVE

. . . Miss Koenigspeterhood
. . . our class on masturbation
. . . Shelly thought appendages were mucous membranes
. . . we did the dishes
. . . there's a phantom eating food from the frig
. . . Angie and the bedpans
. . . we once studied
. . . sleeping is our favorite pastime
. . . some of us slept through the fire
. . . all the parties

Left: Nice pic Sharon!
Below: Police? they're holding 110 of us captive on the corner of Louisa and Campbell!

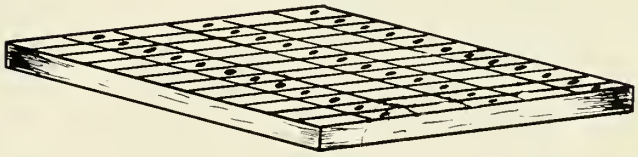
Above left: Yo's latest boyfriend.
Above middle: Call security, there's someone strange on the floor.
Above: You can't die yet — you're only through your 2nd year!
Right: Don't laugh — this is what you'll look like at the end of your senior year.

Changes

. . . In our three years at TWHSN, we have seen many of them. The Class of 1985 is the last class to remember all of the housemothers, pegging, and the doors being locked at midnight. We were the first class to have the new grading policy and the last class to have over 200 hours of clinical time. We also saw changes in our faculty and hospital administration. Follow through with us as we describe the changes The Williamsport Hospital School of Nursing has encountered in our three years here.

Top Right: Our latest director enjoying herself.
Above Left: Some of the latest locksmiths at TWHSN!
Above Right: Too bad the walls are not padded!
Right: We will always remember you, Helen, Dolly, Mrs. C., Minnie and Judy. We love you!

Left: Does anyone have any dimes . . . the nickels don't fit!
Below: One thing that does not change . . . Snacktime.



Yearbook Staff

The Yearbook Staff is a hardworking, dedicated committee made up of Freshmen, Juniors and Seniors. The staff is divided into several committees: Photography, Copy, Layout and Business. Photography takes the candid pictures and helps to organize schedules to take pictures of student activities and faculty. Any written material found in the book, including captions, is the responsibility of the Copy Staff. The Layout members draw "plans" for picture and caption placement on the page. The Business Committee works to raise funds for the yearbook by selling ads and yearbooks.

The staff works together and with the classes to publish a polished and well-thought-out book, which holds memories for each of us. The book is very important in tying together the events and happenings throughout the school year. Anyone who picks up a yearbook should be able to relive special events in this school through the pictures and articles in this book. The staff has put forth a great deal of effort into this yearbook. We hope you will enjoy and treasure it as much as we will. For the Seniors especially, this book summarizes the laughter, tears, headaches and successes of the past three years.

Juniors, hard at work!

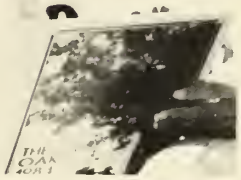
Believe it or not, we're actually enjoying this?

A Senior lending a helping hand.

I'm sure it's in here somewhere.

to left: Deb Padlo, Chris Wagner, Hope Spigelmyer, Christy Weller, Sue Laughner, Jackie Miller, Yolande Hetrick, Bob Marburger, Sandy Erickson, Lou Ellen Fry, Mary Hill, Shelly Hall, Greg Derk, Sylvia Houtz, Nancy Zelenky

Where did you guys get *these* pictures?



Above: Smile! There're only 5 months till our last deadline!

to left: Sylvia Houtz, Copy Editor, Sandy Erickson, Photo editor, Nancy Zelenky, Business editor, Shelly Hall, Co-Editor Layout, Yolande Hetrick, Co-Editor Layout, Mary Hill, Co-Editor, Absent when photo was taken, Greg Derk Co-Editor.

Student Organization — Executive Board

The Student Organization provides student voice between the faculty and the hospital administration. It promotes professional awareness and growth. This organization also provides social interaction with a monthly activity involving the whole student body. The Executive Board is the student governing body. It is made up of the Student Organization officers; the chairman of each committee; Senior, Junior and Freshmen class officers; the Residence Director; two faculty advisors and the Director of Nursing.

Front: Jan Bastress, Tina Rose, Gail Benick, Lou Ellen Fry, Cindy Waldman, Cindy Blake, Sandra Erickson, Amy Beth Nelson, Jeanette Collister and Holly Reichart
Back: Tom Chappell, Hope Spigelmyer, Mary Hill, Kris Brobst, Lori Cardy, Jewel Heverly, Kim Fritz, Shelly Hall, Sue Mechtly, Ann Houseknecht, Carol Casner, Maxine Stauffer
Above: Ann Houseknecht, Cindy Waldman, Jewel Heverly, Holly Reichart and Carol Casner

Social Committee

Cathy Cummings, Jane Bagwell, Lou Ellen Fry, Shelly Hall, Alice Fulmer, Sandy Erickson, Cheryl Plasters, Mary Lynn Bierly, Sue Crews, Holly Reichart, Joann Garrett, Yolande Hetrick

The Social Committee is made up of representatives from each class. The purpose of the committee is to plan monthly activities throughout the year. These include such activities as ice breakers, seasonal parties, a Christmas spiriting party and occasional pizza and hoagie dinners. These activities provide time away from studies for relaxation.

Picnic Time! Sponsored by the Social Committee.

Student Services

Back: Roberta Boyles, Jan Bastress, Allyson Burger, Amy Beth Nelson. Front: Sue Laughner, Jeanette Collister

Student Services Committee is designed to help resolve problems that may arise in the student body throughout the year. This committee tries to enrich student life with conveniences such as vending machines, change machines and the stress room. They also act as an arbitrator between the student body, the faculty and hospital administration.

Project and Program Committee

The Project and Program Committee is the fund-raising committee for each of the classes. This committee organizes and oversees all fund-raising activities done by each class. The money raised by the fund-raisers is used for the yearbook in our Senior year and for other class expenses.

Above: Seniors: Amy Nelson, Sylvia Houtz, Shelly Hall, Jane Bagwell, and Cindy Waldman
Right: Juniors: Roxanne Baskin, Belinda Brininger, Jacqueline Miller, Beth Frye, Alice Fulmer, Patty Hutchings, and Deb Heeter
Below: Freshmen: Connie Holt and Pamela Saylor

Above: Class of 1985 getting in business for itself.
Right: And the winner is . . .

Finance

Left to right: Ann Houseknecht and Holly Reichart

The Finance Committee consists of the Treasurer of Student Organization, Vice-President of the Organization and the Freshman Class President.

The duties consist of preparing a balanced budget for the following school year. This budget is submitted to the Executive Board for consideration at the April meeting and for approval at the May meeting. An annual report is also submitted to the President of the Student Organization in late May.

Audit

Left to right: Bob Marburger, Maxine Stauffer, Yvette Brouse, and Sandy Erickson

Audit Committee consists of the treasurers from each class and from Student Organization. Each class treasurer is responsible for keeping the class finances in order and up to date. Each of the class books are audited three times a year: at the beginning, midway through and at the end of each school year. The treasurer from Student Organization is the Chairman of this committee and oversees the auditing.

Curriculum Committee

The Curriculum Committee is made up of the Director of the school, the lead instructors from each course and student representatives from each class. The committee meets every other month. The lead instructors have reports concerning the students' clinical experiences. They also discuss if there is a need to revise the objectives of the courses. The student representatives also make reports during the meeting.

Left to right: Joann Garrett and Sharon Treon

Bylaws

The Bylaws Committee reviews and proposes changes in the school's bylaws. The revisions are then presented to the Executive Board and Student Organization for approval. They have recently been involved in changing the number of Student Organization meetings from a meeting every month to only three meetings per year. I'm sure all the students at TWHSN appreciate the work that this committee has accomplished.

Left to right: Carol Casner and Jan Bastress

Publications and Recruitment

The Publication and Recruitment Committee consists of students from each class, five instructors and the hospital's nurse recruiter. This committee is responsible for promoting the school. They do this by going to high schools and talking with students. They also hold 'open houses' here at the school and programs are also offered to non-traditional students. This committee is responsible for writing newspaper ads and other promotional activities. The student members are needed for their ideas and to act as hosts at the various functions.

Left to right: Sandy Erickson and Carolyn Jones

Recognition

The Recognition Committee has been formed to award special honors at the end of the school year. These awards may be serious or comical.

Cindy Waldman

Judiciary

Left to right: Holly Reichart and Lori Hoffman

Clinical Incidence

Deb Gordner

The Judiciary Committee receives complaints pertaining to policy infractions. This is done through the Director of Nursing Education or her designate. The student representatives decide the fate of the students. Thankfully, the committee doesn't see the light of day very often.

Clinical Incident Committee reviews problems faced on clinical. This committee makes suggestions about improving clinical performance. They also decide the consequences to be taken against the student. The student representative brings reports back to the class meetings. What are we supposed to remember???

The Grievance Committee is a committee for the students. If the students have a complaint or grievance about unresolved problems in the course or on clinical, the student brings the grievance before the committee. The committee studies the complaint and renders a decision.

Grievance

Left to right: Deb Gordner and Brenda Ross

Fire Wardens

Front row: Joann Garrett, Amy Beth Nelson, Susan Mechtly, and Susan Laughner. Back row: Lou Ellen Fry.

Left to right: Sandy Erickson, Susan Mechtly, Holly Reichart, and Ann Houseknecht

The Nominations Committee is designed to select people from the student body to serve in offices and committees in each class and student organization.

The Fire Wardens are our "life-savers". They alert us when there is a fire or fire drill on the floor and help us leave safely. Each class appoints at least two fire wardens for each floor. We give them much practice by setting off the smoke alarms while cooking in the kitchen!

NCF

Front row: Left to right: Holly Reichart, Maxine Stauffer, Diane Eisley, Alice Fulmer. Back row: Left to right: Sue Crews and Carol Casner

NCF (Nurse's Christian Fellowship) is a support group for the students. They sing songs, read scripture and share everyday experiences as nursing students. They meet every Wednesday at 7:00 p.m. and all students are welcome to attend.

The people on this page, Mrs. Derr, Hospital Administration and the secretaries, are people that help to keep the School of Nursing running smoothly. Mrs. Derr helps to keep all of us in line and helps advise us in things we do. The Hospital Administration makes possible the continued operation of our school. The secretaries organize our classroom schedules, type our tests and do many more things to help us keep running as we should.

Right: Mrs. Eleanor Derr, Director of Nursing Education

Above: Mr. Donald Creamer, Hospital President and Chief Executive Officer

Right: Mrs. Brenda Scott, Nursing Education Secretary

Above left: Mrs. Constance Perry, Financial Aid Officer

Above right: Mrs. Gladys Cellini, Residence Director

Now, we go behind the scenes. The people on this page play a very large role and do not receive much recognition for their accomplishments. Mrs. Perry helps all of us pay for school in some way. She shows us how to fill out forms and tells us about scholarships that we can apply for to lessen our financial burdens. As for Mrs. Cellini, she does so much more than we even realize. She has become the mother-figure we turn to here at school. The house cleaners do a lot for us. We started out the year with two people, we now have one person. She is here only part of the time. She tries to keep all of the floors looking neat and orderly. These people need a special thanks for all they have done for TWHSN.

Environmental Service, Minnie Snell

Freshmen Instructors: Left to right: Mrs. Anne Kremski, Ms. Nancy Hood, and Miss Karen Peterman

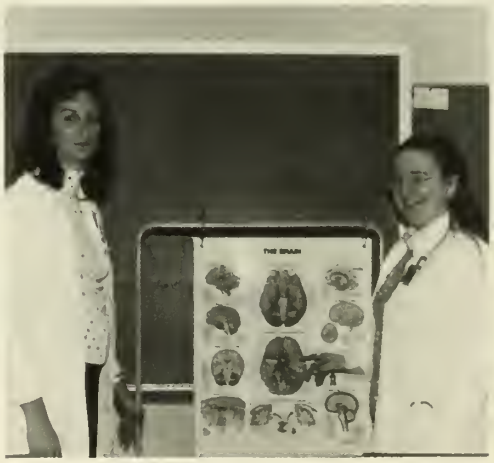
Rehabilitation Instructors: Left to right: Mrs. Shirley Young and Mrs. Shirley Siegfried

The faculty from each of our years here at TWHSN have added to our life experiences. No one person is the same as another. Each of our instructors through the years have added their own special touch to the course and clinical work we have had and as we look back, we will be able to remember each and every one of our instructors for something special. This group of people has made this school what it is today. Thank you for everything you have done.

Surgery Instructors: Left to right: Mrs. Dottie Mathers, Mrs. Kathy Temple, and Mrs. Maria Gustafson

Mental Health Instructors: Left to right: Mrs. Mary Ellen Rosencrance and Mrs. Susan Troxel. Not pictured: Mrs. Laurie Guise.

Maternity Instructors: Left to right: Mrs. Pat Green and Mrs. Patty Jansson



Critical Care Instructors: Left to right: Mrs. Jeanne Dunkle and Miss Judy Coup

Pediatric Instructors: Mrs. Mary Ann Keller (sitting) and Mrs. Dottie Frank

Remember When

— The phantom ate all the food from the refrigerators?
— The change machine wouldn't give dimes?
— Mrs. T. finally got the baby?
— They fried our plants over Christmas?
— We complained of how much work we had to do instead of doing it?
— Dee suffocated in Dusty's closet?
— We saw the films and read the articles?
— Dr. Ryan discussed "sex"?
— Shelley took a vaginal temp.?
— Rose and Cindy castrated their cat?
— Deb came to clinical backwards, literally?
— Yo and Mary were presented with an eyeball on their door?
— We used to answer the phone in the cafeteria?
— We had our spaghetti supper?

Left: After only eight hours of clinical, my twenty-four hour deodorant quit!

Left: Think we can pass clinical inspection?
Above: Another non-stress test? How exciting!

Left: Ventilator — What's a ventilator?
Above: Nursing school survivors?

Remember When

— We answered the phone in three rings?
— We all got snowed in?
— We had a punctual nutrition teacher?
— We had crushes on the residents?
— Tests were at 0700 Monday morning?
— We had a looooong spring break?
— We highlighted the whole Med-Surg book?
— We did "Jane Fonda" after pigging out at supper?
— We quit on Mon., Tues., Wed., Thurs., and Fri.?
— Ms. Hood's mother was one of the first to use penicillin?
— Sue started a diet every Monday?
— We discontinued bake sales?
— We checked our mailbox seventeen times a day?
— Alice ran quietly?
— Hall and Oates put on a concert at TWH nurses' residence.

But Mrs. C. . . . We really are sick!

I can't believe you lost your contact and this cat ate it!

A notebook . . . everytime we have clinical???

Is this a new type of charting?

Remember your sterile technique!

Left: Oh! It's a man!
Below: That's right . . . I want exactly 400 mini-drops/minute!

The vent's beeping — suction and bag until 3-III

Above left: Joe makes history!
Above: Who forgot to make their bed?

Remember When

— We used to study?
— We gave our first complete male bath?
— We gave our first IM injection?
— We couldn't find the cafeteria?
— The lounge was quiet?
— We cut thru the LRC?
— We had all-night studies?
— The bathrooms got cleaned?
— We skipped breakfast and lunch and ate a triple supper?
— We skipped Lycoming classes?
— We swooned over the paramedics?
— We did anecdotals?
— We anxiously awaited Lycoming grades?
— We were not allowed to ride the elevator?
— We thought nursing would be a breeze?

Just a typical night out on the town.

People

The Williamsport Hospital School fo Nursing has been affectionatly known as "The Convent". We received this name because of all the rules and regulations that were set up by the school. In past years, specific times were scheduled to study, eat and sleep and if you could squeeze a social life in between that was great. Currently, the time we have after class and clinical is ours. Now we have time for clinical information, studying, extracurricular activities and leisure. Regulations have become more relaxed. We are allowed to come and go as we please with our keys to the doors. We also made our own decisions about when we do our school work and other school activities. "The Convent" still does not allow for us to have much of a social life, but life as a Nursing Student has drastically improved over the years.

Of course I'm a good girl!

Left: Do you always look that good in the morning?
Below: . . . and if you just get me through my surgery rotation, I promise I'll . . .

Above: Wipe that foam off your face Holly!
Right: You're so pretty!!

Freshmen

The Freshmen year is a big change and challenge for all of us. Fundamentals I has been difficult, but it is the beginning of our nursing education. All the freshmen will remember the first time we were in our uniforms. Who will ever forget our freshmen instructors — Ms. Hood, Miss Peterman, and Mrs. Kremski?

Fundamentals II has also been difficult to manage with clinical, class here at TWHSN and having classes at Lycoming College. We have learned very quickly how to prioritize our time.

In Nursing I, we have had the best time of all. We are now on the clinical floor more and able to apply the skills we have learned. We no longer have classes at Lycoming College and are able to concentrate on our nursing classes. We also have different observational experiences to attend. The major one has been working with the elderly at a nursing home. As freshmen and impending juniors, we have learned much about the career we have chosen.

Class Historian: Diane Eisley

Class Officers: Left to right: Maxine Stauffer, Secretary; Lori Cardy, President; Kristene Brobst, Treasurer; and Barbara Hughes, Vice-President.

Class Advisors: Left to right: Mrs. Shirley Siegfried and Mrs. Mary Ellen Rosencrance

Left: Where do you count the drops.
Below: I really did not do it, honest . . .

Left: Do your notes make you sleepy too?
Below: Chris, I think you cracked your skull!

I bet you're studying!

A little TLC goes a long way.

If I eat anymore ice cream I'll have to put a cherry on top of my head.

Cristy Weller

Christine Wagner

Loretta Swisher

Maxine Stauffer

Does this headache ever go away?

Pamela Saylor

Cheryl Plasters

The Flood

No one will ever forget the frantic rush right before Christmas, 1984, when the roof of the Nurses' Residence decided to leak. The one whole side of the fourth floor was asked to evacuate that side of the floor. Then we waited to see which room would begin to leak first. Unfortunately, it started to leak first in the place that was least expected. It was an unbelievable sight. There was furniture, boxes of clothes and books in the halls and extra rooms. This incident will not be soon forgotten, at least by the Senior Class.

If nursing school doesn't kill me, all these parties will!

Debra Padlo

Michelle Nestlerode

Something that seemed to be an ongoing conflict for the students was the subject of parking. Anywhere close to the hospital was off-limits so the students either had to *park in the Main Lot — the only legal area* or *park illegally.* Parking in the Main Lot wasn't always such a great idea because of weather conditions. We were not allowed to park on Louisa Street directly in front of the Residence which created conflict between the students and Administration. If a student was caught parking illegally, he/she would get notes from Safety and Security and Mrs. Derr. We will never forget the "multiple" parking violations and notes that read: "Please register your car today with Safety and Security and move it to the Main Lot".

Michele Miller

Diane Mahoney

Randy Kaspryzk

Maid Marian

Who said we could read?

Student's cars?

Housemothers

The seniors have seen a lot of changes in the School of Nursing and the hospital. The one change we were sorry to see was the reorganization of the housemothers. We are the last class to remember the great group of ladies we called "our Housemothers". Each of these fine ladies made it a little easier to adjust to life here at school. Gladys Cellini, affectionately known as Mrs C., will always be remembered as our mother figure. No one will ever forget Dolly Bollinger. She was always understanding and easy to talk with. How can we forget Helen McCarty, who always found a bright spot in everything that went wrong. Our grandmother figure, Minnie Ulmer, only wanted the best for all her girls and boys. She always looked forward to talking with us every time she worked. Not everyone remembers Judy Plankenhorn, but she worked some evenings and on weekends. She helped to make staying the weekends more enjoyable. These five ladies made our first year a little more bearable and helped to make us a family. As seniors, we regret not being able to share our experiences of having housemothers with the underclassmen.

Carolyn Jones

Barbara Hughes

Connie Holt

Joanne Garrett

One, Two, Three, Drop!

Diane Foster

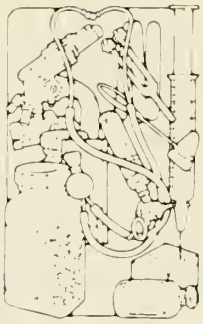
Do you want to be a housemother when you grow up?

Race for the washer!

Diane Eisely

Jill Davis

Lori Cardy



Kimberly Campbell

Allyson Burger

Are you ready for inspection?

Hello, Williamsport Bakery. Which crumb do you want?

Hey, look, Barb. I discovered H_2O!

Lycoming College

. . . An experience we will never forget. Valuable information but what a challenge to find time to do everything! We were not the traditional college student and this made us stick together as a group. Our college mates who were not in our nursing group complained about not having a social life and when we compared our very full, hectic schedule, our question was what is a social life! The experiences we had are never to be forgotten because they have enriched our lives privately and professionally.

"Nerves"

The first day of clinical is always a new and different experience for each of us. As freshmen, clinical is something we have never experienced. As for upperclassmen, we are expected to use our knowledge and skills we have acquired, but maybe became rusty with over the summer. We press our uniforms and prepare for clinical in hope to satisfy our instructors and to relieve our anxieties.

Kristene Brobst

Roberta Boyles

Mary Lynn Bierly

Michele Betts

Joseph Armstrong

Catherine Acosta

Just cob webs!

Don't I look divine?

NON-CAFETERIA FOOD — A student's dream!

There is a resemblance.

How I wish I were home.

I know it's here somewhere.

It's a family affair.

It's you again!

JUNIORS

In our junior year we have many different experiences. In Nursing II, we were exposed to many abnormalities of body functions. Rehab Nursing exposed us to a whole new experience of helping people to make a better life for themselves. Mental Health Nursing helped us learn more about why we do the things we do. Finally, in Surgery Nursing, we learned ways of correcting abnormal body functions. As we finish out our second year, it looks like we may make it through our senior year.

Top — class Advisors: Mrs. Pat Jansson and Mrs. Maria Gustafson.

Middle — class officers: Thomas Chappell, treasurer; Jan Bastress, Vice President; Tina Rose, President; and Gail Benick, Secretary.

Right — Ann Houseknecht, Historian.

Sharon Treon

Martha Struchen

Hope Spigelmyer

Tina Rose

Regressing, Cathy?

She looks just like you, John!

Debra Rice

Wake up, Sue!

The juniors started out the year by selling hoagies and having a bake sale to raise money for our yearbook publication. Other fundraisers included a raffle at Christmas time, T-shirt sale and car washes. Other projects included selecting a yearbook staff for next year and deciding on a number of items concerning graduation. We have already gone through Nursing II, rehabilitation, mental health and surgical nursing and are looking forward to our senior courses.

Holly Reichart

Catherine Prior

Susan Payne

Jacqueline Miller

Dustine Merrifield

Above: "I never get letters . . . only notices!"
Right: Helping hands for orientation.

Keys

When the seniors first entered school here at TWHSN, they were introduced to the infamous pegging system which consisted of a pegboard and different colored pegs that indicated their whereabouts. As the "nunnery" disappeared the advent of keys was a major step in independence as the hated pegboard faded away into history. But keys are not without their drawbacks . . . a forgotten key . . . can someone please let me in?

John Lundgren

Susan Laughner

Patricia Hutchings

Ann Houseknecht

"Mom just loves to do my wash."

"Farewell, Mrs. Koenigsreuter!"

Cheryl Hodgson

"In a blind taste study . . . "

Remember when. . .

— multiple, multiple, multiple . . .
— Ms. Hood was on time?
— we knew the pizza delivery man on a first name basis?
— we made a profit getting a soda?
— paramedic syndrome ran wild?
— everyone knew Ms. Koenigspeterhood?
— you lived with your original roommate?
— we moved up through the junior year?

Pegging

The seniors will never forget the social experience of pegging. For those of us who never had this experience or don't remember, there was a large board with all of our names on it with a hole beside our names. A yellow peg indicated that we were in the hospital or library, white meant we were out, but would be back by 12 midnight and no peg meant we did not know when we would be back. We all remember being hassled about not having the right colored peg in. And the freshmen and juniors thought keys were a pain!

Below: "I raise ya ten."
Right: "I thought you were supposed to be selling them!"

"Alice, what is in this box?"

Debora Heeter

Kimberly Harvey

Lisa Gulden

Alice Fulmer

Beth Frye

Friday Exodus

FRIDAY — is it in sight yet? Will it ever get here? On and on the cry continues on each floor and in each room. Everybody starts planning for the next weekend as soon as they get back on Sundays. All during the week you will hear the refrain "how slow the week is creeping". A week seems to go on forever. Finally, Friday arrives. The morning starts out incredibly slow! But as the time nears for us to be set free for the weekend, the adrenalin is flowing at full speed! Then the moment everybody has been waiting for! There's no time to stop and chat with passersby, they are lucky if they get a "goodbye"! It's up to our rooms to pick up our suitcases and laundry, then out of my way! The saddest part of it all is . . . Weekends only last 2 days!

left: "Williamsport Calling Mars"
below: "Come in Mars"

Susan Crews

Thomas Chappell

Susan Carpenter

Lisa Brown

Diane Brown

Yvette Brouse

Remember when . . .

— we beat the paramedics at Volleyball?
— we had the fire drill at 0200?
— Mrs. G. washed that grey right out of her hair!
— the elevator was working?
— we had ICU psychosis!!!
— we had monthly student organization meetings our freshman year?
— we thought taking vital signs was difficult?
— EJB took tests with us our freshman year?
— D.C. had G.B.S. in Nursing II and surgery!

Belinda Brininger

Gail Benick

Is it 0530 already?

Jan Bastress

Roxann Baskin

Once upon a time . . .

You should have told me you were coming!

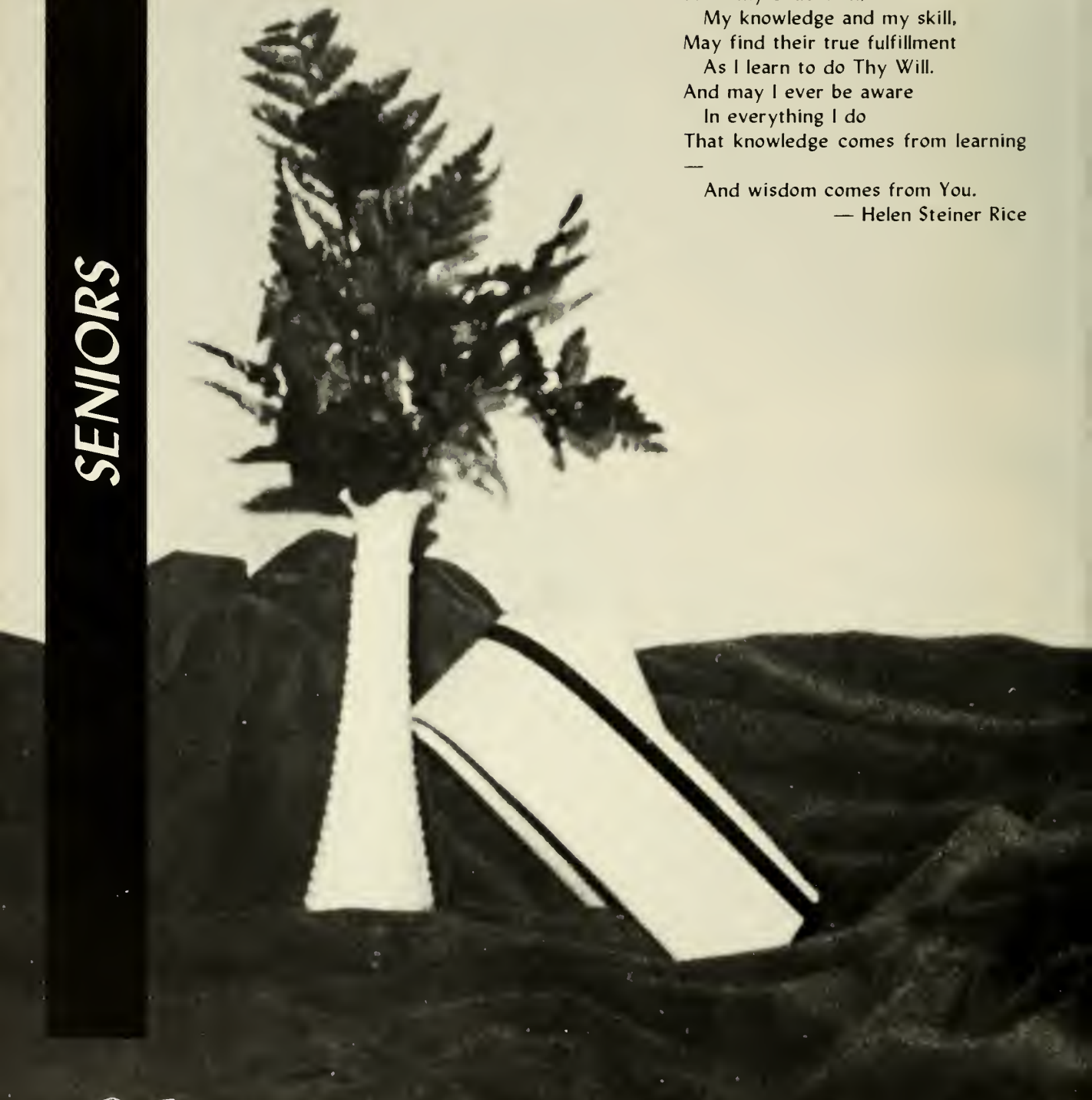
It's been a hard day!

Togetherness!!

I wanted water, but not that bad!

AH!!

SENIORS



A Graduate's Prayer

Father, I have knowledge,
So will You show me now
How to use it wisely
And find a way somehow
To make the world I live in
A little better place . . .
And make life with its problems
A bit easier to face —
Grant me faith and courage
And put purpose in my days —
And show me how to serve Thee
In the most effective ways
So all my education,
My knowledge and my skill,
May find their true fulfillment
As I learn to do Thy Will.
And may I ever be aware
In everything I do
That knowledge comes from learning —
And wisdom comes from You.

— Helen Steiner Rice

When we entered The Williamsport Hospital School of Nursing on August 29, 1982, we were freshmen willing to meet the challenges that would help us acquire maturity and responsibility. Through our travels at TWHSN we learned that our lives as student nurses consisted of more than just lectures, books, clinical information, projects and exams. We involved ourselves in various organizations, fund-raising activities and planned social events of our choice.

We had fun at Hallowe'en hayrides, Christmas spiriting, Thanksgiving baskets and such. Our bake sales to raise yearbook money went very well.

Class rings, senior pictures, senior courses and graduation plans all remind us that we are almost moving out into the 'real world'!

Left: Class historian: Cindy Waldman
Middle: class officers: left to right: Bob Marburger, Vice President; Cindy Blake, President; Carol Casner, Secretary; and Sue Mechtly, Treasurer
Bottom left: Mrs. Jeanne Dunkle, class advisor
Bottom right: Ms. Nancy Hood, class advisor

Nancy Anne Zelenky

"Nanc"

If you can imagine it —
You can achieve it!
If you can dream it —
You can become it!

— William Arthur Wood

Peggy E. Young

"Peggy"

Thanks to my family, friends and especially Darrell for all the support and encouragement these past three years.

Tammy L. Withey

"Tammy"

It's a marvelous thing to have someone to share your happiness and troubles with and to know that you're the most important person in that person's life.

Mary Marie Williams

"Mary"

Trust in the Lord with all thine heart; and lean not unto thine own understanding; In all thy ways acknowledge him, and he shall direct thy paths.

— Proverbs 3:5-6

Cynthia R. Waldman

"Cindy"

Only as far as we seek can we go
Only as much as we dream can we be.

Jill M. Turinski

"Jill"

Success is to be measured, not so much by the position one has reached in life, as by the obstacles which he has overcome while trying to succeed.

— Booker T. Washington

Lori A. Sones

"Lori"

What lies behind us and what lies before us are tiny matters compared to what lies within us.
— Author Unknown

Brenda Ann Ross

"Brenda"

No one knows what he can do, till he tries. Thanks, Mom and Dad, for everything. Good Luck, everyone.

Michele Kristin Rodgers

"Shelley"

I believe I am always divinely guided.
I believe I will always take the right turn of the road.
I believe God will always make a way where there is no way.

Amy Beth Nelson

"Amy"

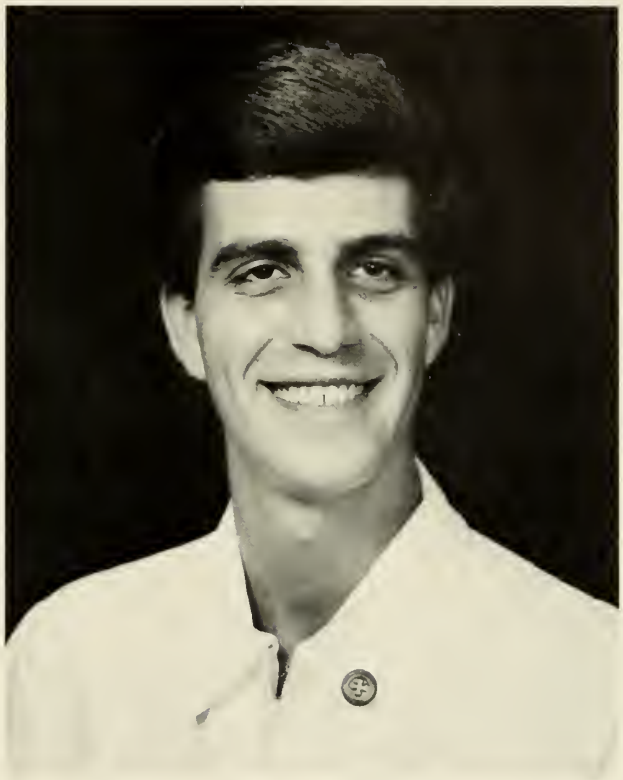
There is only one success:
To be able to spend your life in your own way.
— Author Unknown

Robert K. Marburger

"Bob"

It's a funny thing about life:
If you refuse to accept anything but the best,
you often get it.

— W.S. Maugham



Susan Arlene Mechtly

"Sue"

. . . All things work together for good to them that love God, and are called according to his purpose.

— Romans 8:28

Angeline Long

"Angie"

No act of kindness, no matter how small, is ever wasted.

— Aesop

Sylvia Houtz

"Sylvia"

Live with kindness, live with caring,
live with Faith and generous sharing . . .
Live with truth, for when you do
all good things return to you.

— Jean Kyler McManus

Lori Ann Hoffman

"Lori"

I shall pass this way but once; any good, therefore, that I can do or any kindness that I can show to any human being, let me do it now. Let me not defer nor neglect it, for I shall not pass this way again.

Mary Sue Hill

"Mary"

Bless the Lord, O my soul,
And forget not all his benefits;
Who forgiveth all thine iniquities;
Who healeth all the diseases . . .

— Psalm 103:2-3

Jewel Ann Heverly

"Gem"

I can do all things through Christ which strengthens me.

— Philippians 4:13

Yolande S. Hetrick

"Yo"

To help a stranger along the road,
To lend a hand and ease the load,
To cling to that which is good and true —
That's what we're put on earth to do.

— Strong

Becky Hess

"Becky"

O my Servant! The best of men are they that earn a livelihood by their calling and spend upon themselves and upon their kindred for the love of God, the Lord of all worlds.

— The Bahai Writings

Shelly Marie Hall

"Shelly"

If you can imagine it — you can achieve it.
If you can dream it — you can become it!

— William Arthur Wood

Debra J. Gordner

"Deb"

Always remember to forget
The things that made you sad,
But never forget to remember
The things that made you glad.

Kathryn Taylor Gillen

"Kathy"

The Lord is my strength and my shield;
My heart trusted in Him and I am helped;
Therefore my heart greatly rejoiceth;
And with my song I will praise Him
— Psalms 28:7

Lou Ellen Fry

"Lou Ellen"

The pessimist sees the
difficulty in every opportunity,
The optimist, the opportunity
in every difficulty.

— L.P. Jacks

Kimberly Karol Fritz

"Kim"

In everything you do, put God first, and he will direct you, and crown your efforts with success.

— Proverbs 3:6

Sandra Lee Erickson

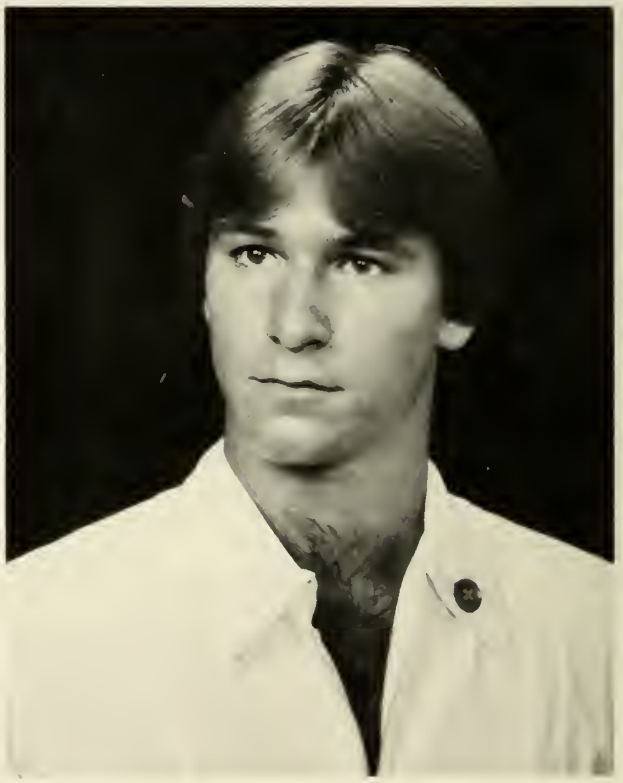
"Sandy"

Don't let life discourage you;
Everyone who got where he is
Had to start where he was.
— Richard L. Evans

Gregory E. Derk

"Greg"

It is the small, intangible things that make the biggest difference . . . but heaven forbid one should lose one's professionalism. For me, nursing is just another word for caring.
— Author Unknown



Cathy Jo Cummings

"Cathy"

To accomplish great things, we must not only act but also dream, not only plan but also believe.

— Anatole Fiance

Jennifer A. Cox

"Jen"

In the garden of thy heart plant naught but the rose of love, and from the nightingale of affection and desire loosen not thy hold.

— The Bahai Writings

Doreen Confer

"Doreen"

The gem cannot be polished without friction — nor man perfected without trials.

— Confucius

Jeanette M. Collister

"Jet"

Half of the world is on the wrong scent in the pursuit of happiness. They think it consists in having and getting, and in being served by others. It consists in giving and in serving others.

— Author Unknown

Carol Elaine Casner

"Carol"

Whatsoever ye do in word or deed,
Do all in the name of the Lord Jesus,
Giving thanks to God and the Father by him.
— Colossians 3:17

Karen Debra Breon

"Karen"

To live your life in your own way . . .
To reach for the goals you have set for yourself
. . .
To be the you that you want to be . . .
That is success.
— Author Unknown

Lucinda K. Blake

"Cindy"

Cherish the memories of yesterday
Savor the joys of today
Nurture the promise of tomorrow.
— Author Unknown

E. Jane Bagwell

"Jane"

A kind heart is a fountain of gladness, making everything in its vicinity freshen into smiles.
— Washington Irving

Left: I can't believe all this work!
Below: Finally a time to relax!

Above left: A drink? (Don't we wish)
Above right: You finally caught me
Left: Really, I did not do it!

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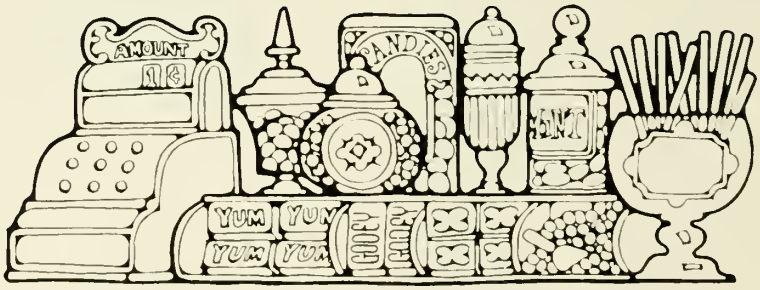

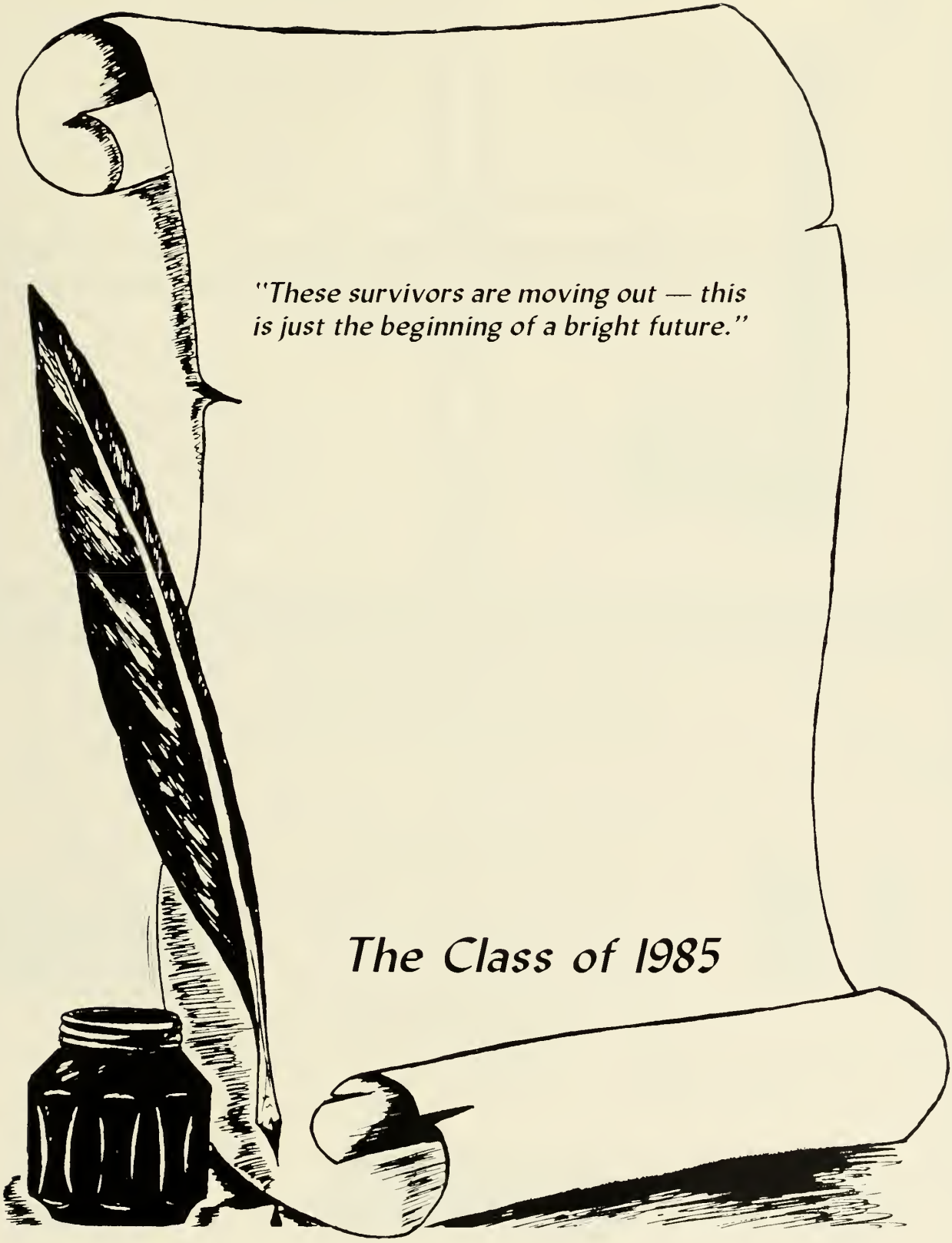
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Success

Success means many things in life.
To some it's fame and wealth,
To others it means happiness and the
blessing of good health.

To some it's often measured in
possessions gained and won.
To others it's a life that's filled with
worthwhile things they've done.

But no matter how you measure it,
One thing's always true.
Success is what you make it, and
it's waiting there for you.

Unknown

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Friends

Congratulations Mrs. Boghetti Love, Joe (Buddy)
To the Class of 1985 — You've gained a special place in my heart. Cindy Blake
Thanks to instructors and staff at H, you're special and taught me much. Cindy Blake
I thank my family and friends for supporting me the past three years. Cindy Blake
Special thanks to my husband, without you I couldn't have done it. Cindy Blake
Thank you for always being there Mom, no matter what. I love you, Amy
Thanks Mom, Dad, Tom, family and friends for your support the past three years. Yolande
Roxann, you can do it! Doris J. McGaw
David and Helen Hughes
Thanks for making my last days at TWHSN memorable. Best of Luck. Love, Patti Erdley
Special thanks to my wonderful family and to John . . . I love you all! Shelley
Congratulations Shelly, we knew you could make it! Chip, Cathy and Stephanie
I made it with all your help: Mom, Dad, Rick, my family and friends. Shelly
Congratulations Class of 1985. Mr. and Mrs. P. Larry Hoffman
Special thanks to my family and my buddy for their love and support. Love, Jane
Congrat's class — Bob P.S. Thanks Mom and Dad, for the past six years
Mom, Dad and Scott — Thanks for the support, patience and guidance. Love ya all, Lori

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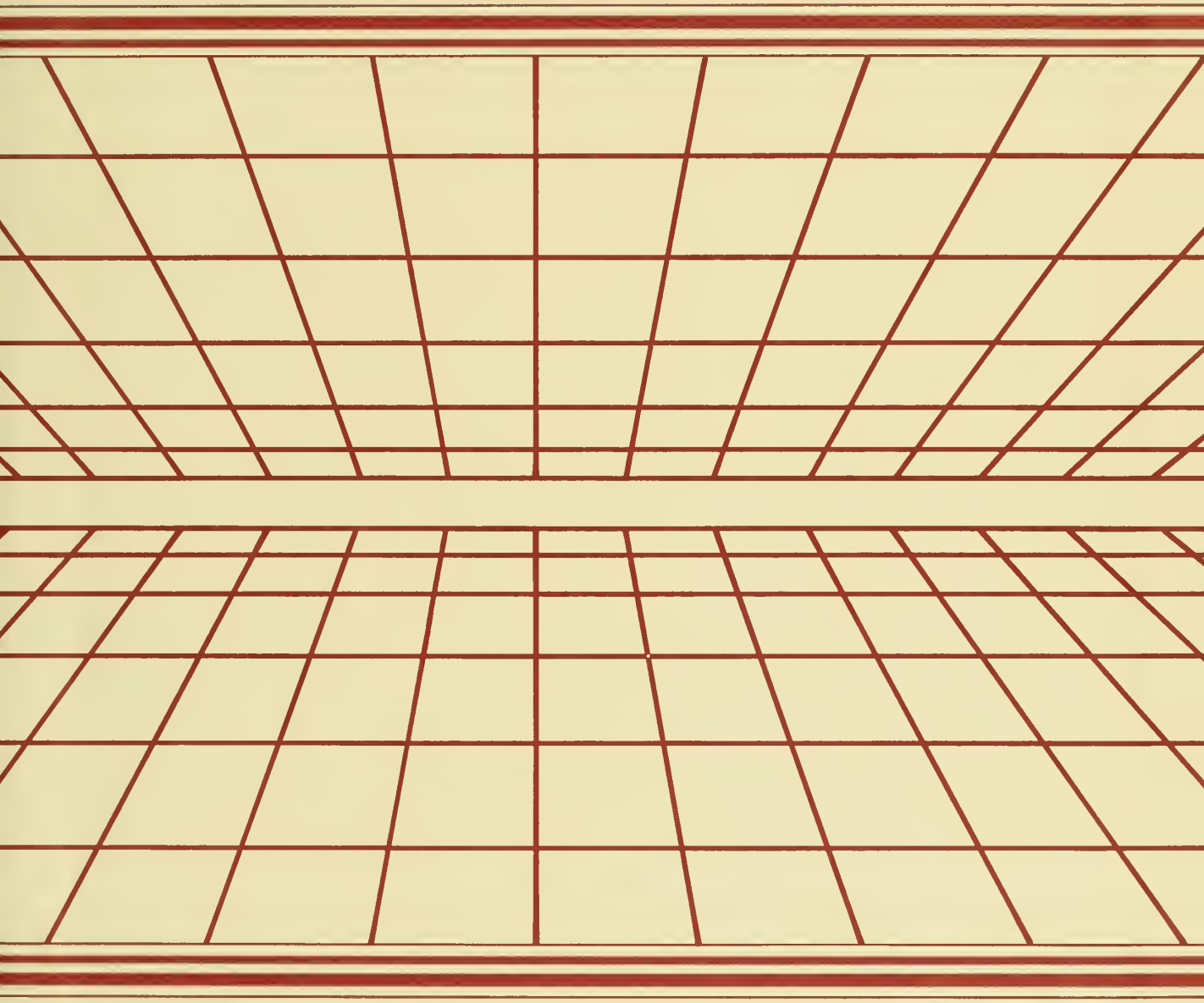
"The moment may be temporary, but the memory is forever." — Bob Meyer

That is what this book was about — memories. You have relived with us just a few of the many precious moments that have occurred in the past three years here at TWHSN. All of us carry many more memories in our hearts of moving in, moving up, and moving out. As we leave here, we will carry those memories and the knowledge that we have gained here, to wherever our journeys lead us.